



## Valerie Lingeman, M.A., PCC

### Valerie has expertise in:

- leadership coaching and development
- leadership development program design, delivery, and management
- designing/ facilitating effective retreats, meetings, conferences, and learning events
- internal organization development consulting; teaching consulting skills
- emotional intelligence
- strategic talent management
- team coaching and alignment
- designing and facilitating inquiry-based approaches to organizational challenges using action learning
- small and large group facilitation
- peer coaching
- teaching leadership and management programs
- strategic planning and organizational alignment

### Education

Fielding Graduate University, M.A., Human and Organizational Systems, 2004

Cornell University, B.A., Economics, 1982

### Certifications

- ICF Professional Certified Coach (PCC)
- Certified Team Coach, Team Coaching International, 2010
- World Institute for Action Learning (WIAL) – certified action learning coach, 2011
- Assessment instruments:
  - Myers-Briggs Type Indicator®
  - Benchmarks®, Profilor®, and Leadership Versatility Index® 360° feedback instruments
  - EQ-i
  - Leadership Potential Assessment Report®
  - Hogan Leadership Assessments: HPI, HDS, MVPI
  - Team Diagnostic®

### Coach-specific training

- Professional Effectiveness Coaching Certification, New Ventures West, 1999
- Advanced studies in Organization and Relationship Systems Coaching, 2014, Center for Right Relationship
- Team Coaching, Team Coaching International, 2010
- Action Learning Coaching, World Institute for Action Learning (2011) and Authenticity Consulting (2015)
- Conversational Intelligence® (2018)